

Zoey Eddy

ze26@scarletmail.rutgers.edu

<https://www.linkedin.com/in/zoey-eddy>

EDUCATION

- Ph.D. **Ph.D. Social Psychology**, 2021-2026
(expected) Rutgers University, New Brunswick, NJ
Advisor: Diana Sanchez, Ph.D.
- B.S. **B.S. Honors in Psychological and Brain Sciences**, 2021
University of California, Santa Barbara (UCSB), Santa Barbara, CA
Black Studies Minor, Anthropology Minor
Senior Honors Thesis: The Effect of Minority Spaces on the Well-Being of
Multiracial Individuals
Advisor: Brenda Major, Ph.D.

RESEARCH SCHOLARSHIPS AND GRANTS

- 2023 National Science Foundation Graduate Research Fellowship (\$147,000)
Ford Foundation Predoctoral Fellowship (Awarded)
- 2021 Rutgers University Presidential Fellowship (\$75,000)
Rutgers University SUPER-Grad Fellowship (\$25,000)
Ford Foundation Predoctoral Fellowship (Honorable Mention)

HONORS AND AWARDS

- 2023 RU Social Psychology Service Excellence Award (\$100)
RU Social Psychology Graduate Funding Award (\$130)
- 2022 RU Social Psychology Diversity, Equity & Inclusion Service Award (\$200)
RU Social Psychology Graduate Funding Award (\$250)
- 2021 UCSB Academic Excellence Award
UCSB Dean's Honors List
UCSB Psych. Distinguished Graduating Senior Award (\$500)
UCSB Psych. Distinction in the Major Award
UCSB Psych. Exceptional Academic Performance Award
UCSB Undergraduate Research and Creative Activities Grant (\$750)
SPSP Diversity Undergraduate Registration Award
- 2020 UCSB Dean's Honors List
UCSB Psychological and Brain Sciences Honors Program
UCSB Undergraduate Research and Creative Activities Grant (\$750)
SPSP Diversity Undergraduate Registration Award
- 2019 UCSB Dean's Honors List
UCSB McNair Scholars Program
- 2018 UCSB Dean's Honors List
UCSB College of Letters and Sciences Honors Program
- 2017 Northern California Scholarship Foundation Scholarship (\$32,000)

PEER REVIEWED PUBLICATIONS

- Eddy, Z.**, Small, P. A., Padilla-Garcia, D., & Major, B. (in press). Examining the effects of genetic ancestry information on appraisals of contested racial identities. *Cultural Diversity and Ethnic Minority Psychology*.

Sanchez, D. T., Gaither, S. E., Albuja, A. F., & **Eddy, Z.** (2020). How policies can address multiracial stigma. *Policy Insights from the Behavioral and Brain Sciences*, 7(2), 115-122.

MANUSCRIPTS UNDER REVIEW

Eddy, Z., Maimon, M. R., & Sanchez, D. T. Race-related behaviors and perceptions by parents of multiracial and monoracial children. *Journal of Social and Personal Relationships*.
Cipollina, R., **Eddy, Z.,** & Sanchez, D. T. (*Revise and Resubmit*). Contested sexual identities and bi+ identity disclosure experiences.

MANUSCRIPTS IN PREPARATION

Eddy, Z., & Sanchez, D. T. Multiracial microaggressions predict multiracial people's race rumination and race conceptions.
Eddy, Z., Cipollina, R., & Sanchez, D. T. Contested racial identities and biracial disclosure experiences.
Gaither, S. E., **Eddy, Z.,** & Sanchez, D. T. Multiple identities and creative thinking.

BOOK CHAPTERS

Eddy, Z., Sanchez, D. T., & Gaither, S. E. (*Under Review*). Social stigma and coping for people with pluralistic identities.

RESEARCH PRESENTATIONS

* denotes undergraduate mentee/presenter

- Eddy, Z.,** & Sanchez, D. T. (2023, February). *Race Processing Among Multiracial and Monoracial Individuals* [Poster]. Society for Personality and Social Psychology Convention, Atlanta, GA.
- Eddy, Z.,** & Sanchez, D. T. (2023, February). *Race Processing Among Multiracial and Monoracial Individuals* [Poster]. Society for Personality and Social Psychology Convention: Self & Identity Preconference, Atlanta, GA.
- Kim, E.*, **Eddy, Z.,** & Sanchez, D. T. (2022, April). *The Impact of Reading about Racial Discrimination on Essentialist Beliefs* [Poster]. Rutgers Aresty Undergraduate Research Symposium, New Brunswick, NJ.
- Eddy, Z.,** Small, P., & Major, B. (2022, February). *Exploring the Role of Minority Spaces on Buffering the Distress of Identity Invalidiation Among Multiracial Students* [Poster]. Society for Personality and Social Psychology Convention, Virtual Event.
- Trapp, Q.*, **Eddy, Z.,** & Sanchez, D. T. (2022, February). Analyzing the Effects of the COVID-19 Pandemic on College Students [Poster]. Society for Personality and Social Psychology Convention, Virtual Event.
- Eddy, Z.,** Maimon, M. R., & Sanchez, D. T. (2021, February). *The Effect of Parental Racial Socialization on Multiracial Children's Pride in their Identity* [Poster]. Society for Personality and Social Psychology Convention, Virtual Event.
- Eddy, Z.,** Maimon, M. R., & Sanchez, D. T. (2020, July). *Parental Racial Socialization for Multiracial Children* [Poster]. Research Intensive Summer Experience (RISE) at Rutgers University Virtual Capstone, Virtual Event.
- Eddy, Z.,** Small, P., Padilla-Garcia, D., & Major, B. (2020, February). *The Impact of Genetic Testing on the Racial Categorization of Mismatched Claimed Identities* [Poster]. Society for Personality and Social Psychology Convention, New Orleans, LA.

Eddy, Z., Small, P., Padilla-Garcia, D., & Major, B. (2019, August). The Impact of Genetic Testing on the Racial Categorization of Mismatched Claimed Identities [PowerPoint presentation]. UCSB McNair Symposium, Santa Barbara, CA.

Eddy, Z., Small, P., Padilla-Garcia, D., & Major, B. (2019, August). *The Impact of Genetic Testing on the Racial Categorization of Mismatched Claimed Identities* [Poster]. UCSB Undergraduate Research Colloquium, Santa Barbara, CA.

RESEARCH EXPERIENCE

- 2021- Close Relationships, Identity, & Stigma Laboratory, Dr. Diana Sanchez, Rutgers University Department of Psychology
- Topics: Perceptions of multiracial individuals; Parental racial socialization for multiracial and monoracial children; Racial essentialism and how people conceptualize race
- 2019-2021 UCSB Research Assistant, Dr. Brenda Major, Department of Psychological and Brain Sciences
- Senior Honors Thesis Topic: Multiracial college students' experiences in minority spaces and other spaces (unrelated to racial identity), and how these experiences related to their feelings toward their multiracial identity
 - Other Topics: Perceptions of mismatched claimed religious identities; How genetic information influences perceptions of mismatched claimed racial identities; Multiracial individuals' identity formation and experiences; Racial Essentialism
- 2020 UCSB Summer Workshop in Simulating Social Systems, Dr. Daniel Conroy-Beam, Department of Psychological and Brain Sciences
- Gained experience creating agent-based models using the programming language R
- 2020 Research Intensive Summer Experience (RISE) at Rutgers University, Dr. Diana Sanchez, Department of Psychology
- Topic: How parents of Multiracial children teach their children about race and Multiracial identities
- 2019 UCSB McNair Summer Research Program, Dr. Brenda Major, Department of Psychological and Brain Sciences
- Topic: How genetic testing impacts the perception of mismatched claimed racial identities

DIVERSITY, EQUITY, & INCLUSION EXPERIENCE

- 2023 **Rutgers Social Area Graduate Diversity & Inclusion (D&I) Committee, Member**
Assisting with initiatives of the committee, such as a website for undergraduates about getting involved in Social Psychology research.
- 2022 **Research Intensive Summer Experience (RISE) at Rutgers, Teaching Fellow**
RISE is a nationally acclaimed summer research program for outstanding undergraduates from underrepresented, disadvantaged, non-traditional and/or first-generation college backgrounds.
Created syllabi for 10-week research program. Leading weekly seminar sections and providing feedback on students' research projects.
- 2022 **Rutgers Social and Behavioral Sciences, DEI Fellow Assistant**

- Assisted in the assessment and creation of the first-ever affinity groups for Psychology graduate students, such as the LGBTQ+ Students in Psychology group.
- 2022- present **School of Graduate Studies (SGS) Diversity, Equity, and Inclusion Graduate Student Advisory Committee, Member**
Assist in guiding the SGS's efforts in cultivating equitable and inclusive experiences for graduate students at Rutgers. Advising on the implementation of the SGS DEI strategic plan.
- 2021- present **Rutgers Diversifying Psychology Day Committee, Co-founder and Organizer**
Organized the inaugural launch of a program for prospective PhD applicants from underrepresented and minoritized backgrounds to prepare them for graduate school applications and promote our diversity efforts at Rutgers.
- 2021- 2023 **Rutgers Social Area Graduate Diversity & Climate Committee (DCC), Co-chair**
Created and distributed multiple tips for inclusive teaching practices (ex: creating a diversity statement, creating inclusive syllabi for students with disabilities).
- 2021-2022 **Rutgers Psychology Diversity & Climate Committee (DCC), Graduate Student Representative**
Provided monthly input about graduate student perspectives on DEI initiatives in the department.
- 2021 **SPSP Social-Personality Undergraduate Research (SPUR) Program, Graduate Mentor**
Mentored an undergraduate research trainee from an underrepresented background during a 10-month period.
- 2018-2019 **UCSB Associated Students, Student Initiated Recruitment and Retention Committee Outreach Co-chair**
Mentored high school students from racial minority and low-income backgrounds, with the goal of preparing students to pursue higher education. Organized workshops about college applications, a 3-day college trip, and a one-day College Advising and Mentorship Conference.

MENTORING EXPERIENCE

Independent Research Advisor, Rutgers University

- 2023 Madison Vigdor, *Cooper Summer Undergraduate Research Fellowship* (\$4,000)
Swetha Jayaraman, *Cooper Summer Undergraduate Research Fellowship* (\$4,000)
- 2021 Eleanor Kim, *Aresty Research Grant Awardee* (\$250)
Queen Trapp, *Social-Personality Undergraduate Research Program Participant*

PROFESSIONAL TRAINING

- 2022 **Introduction to College Teaching Seminar**, Rutgers University
- 2022 **Training in Microaggressions: Impact and Intervention**, Rutgers University
- 2022 **Improving Your Classroom Skills Certificate**, Rutgers University

PROFESSIONAL SERVICE

- 2022-2023 **Graduate Student Representative and Chairperson**, Rutgers Psychology Department Social and Health Area Graduate Student Organization
- 2022 **Graduate Student Liaison**, Rutgers Psychology Social Area Recruitment Event
- 2022 **Behavioral Science Poster Judge**, New Jersey Regional Science Fair

PROFESSIONAL MEMBERSHIPS

2023 International Society for Self and Identity
2023 American Psychological Association of Graduate Students
2020 Phi Beta Kappa Academic Honor Society
2019 Society for Personality and Social Psychology
2019 Psi Chi The International Honor Society in Psychology

RELEVANT SKILLS

SPSS, Qualtrics

REFERENCES

Dr. Diana Sanchez

Rutgers University Professor

Email: disanche@psych.rutgers.edu

Dr. Brenda Major

UCSB Distinguished Professor Emeritus

Email: major@psych.ucsb.edu

Dr. Evelyn Erenrich

Rutgers School of Graduate Studies Associate Dean for Recruitment and Retention

Email: erenrich@grad.rutgers.edu