

# GRACE M. WETZEL

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## EDUCATION

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- Ph.D. **Ph.D. Social Psychology**, 2020-2025  
(*expected*) Rutgers University, New Brunswick, NJ  
*Advisor*: Diana T. Sanchez, Ph.D.
- M.S. **M.S. Social Psychology**, 2023  
Rutgers University, New Brunswick, NJ  
*Master's Thesis*: Challenging biological justifications for the orgasm gap: Implications for immutability beliefs and orgasm pursuit  
*Advisor*: Diana T. Sanchez, Ph.D.
- B.S. **B.S. (*Summa Cum Laude*) Honors in Psychology**, 2019  
St. Lawrence University, Canton, NY  
Gender & Sexuality Studies Minor; Biology Minor  
*Undergraduate Honors Thesis*: Men's implicit objectification of women and its connection to sexual aggression  
*Advisor*: Mark Oakes, Ph.D.

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## RESEARCH GRANTS

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- 2022 Graduate Research Fellowship, *National Science Foundation*, \$138,000  
Clara Mayo Grant, *Society for the Psychological Study of Social Issues*, \$500

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## PEER REVIEWED PUBLICATIONS

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**Wetzel, G. M., Sanchez, D. T., & Cole, S.** (2023). Feasibility cues during a sexual encounter impact the strength of heterosexual women's orgasm goal pursuit. *The Journal of Sex Research*.

<https://doi.org/10.1080/00224499.2023.2168599>

View the full article [here](#).

**Wetzel, G. M. & Sanchez, D. T.** (2022). Heterosexual young adults' experience with and perceptions of the orgasm gap: A mixed methods approach. *Psychology of Women Quarterly*, 46(2), 131-146.

<https://doi.org/10.1177/03616843221076410>

Views/Downloads: 738. Altmetric Attention Score: 3. View the full article [here](#).

**Wetzel, G. M.**, Cultice, R. A., & Sanchez, D. T. (2022). Orgasm frequency predicts desire and expectation for orgasm: Assessing the orgasm gap within mixed-sex couples. *Sex Roles*, 86, 456-470. <https://doi.org/10.1007/s11199-022-01280-7>  
Views/Downloads: 1,293. Altmetric Attention Score: 209 (Top 5%). View the full article [here](#).

## MANUSCRIPTS IN PREPARATION

Dickman, K.\*, **Wetzel, G. M.**, & Sanchez, D. T. Using expectancy-value theory to predict the strength of orgasm goal pursuit for heterosexual and lesbian women.

Cultice, R. A., Cipollina, R., **Wetzel, G. M.**, & Sanchez, D. T. The link between precarious manhood beliefs, condom rejection sensitivity, and condom use in mixed-sex encounters.

**Wetzel, G. M.** & Sanchez, D. T. What are young people hearing about sex? Assessing sex education needs in middle and high school students.

**Wetzel, G. M.** & Sanchez, D. T. Challenging biological justifications for the orgasm gap: Implications for immutability and gender essentialist beliefs.

**Wetzel, G. M.**, & Sanchez, D. T. Can the orgasm gap be fixed? The relationship between gender essentialism, biological justification for the orgasm gap, and immutability beliefs.

\* Denotes undergraduate mentee

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## BOOK CHAPTERS

**Wetzel, G. M.** & Sanchez, D. T. (in press). Equity and gender roles in marriage: Are we finally equal? In M. Hojjat & A. Moyer (Eds.). *Modern Relationships: Romance, Friendship, and Family in the 21st Century*.

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## CONFERENCE PRESENTATIONS

### ORAL PRESENTATIONS

**Wetzel, G. M.**, Sanchez, D. T., & Cole, S. (anticipated 2023, February). *Is orgasm worth pursuing? The role of feasibility cues in shaping heterosexual women's motivation to pursue orgasm*. Data blitz presented at the Sexuality Pre-Conference for the annual meeting of the Society for Personality and Social Psychology (SPSP).

Dickman, K.\*, **Wetzel, G. M.**, & Sanchez, D. T. (anticipated 2023, February). *Using expectancy-value theory to predict the strength of orgasm goal pursuit for heterosexual and lesbian women*. Undergraduate research spotlight to be presented virtually at the annual meeting of the Society for Personality and Social Psychology (SPSP).

Pauwels, H.\*, **Wetzel, G. M.**, & Sanchez, D. T. (anticipated 2023, February). *Women's orgasms as a masculinity achievement for men: The role of vaginal penetration versus clitoral stimulation*. Undergraduate research spotlight to be presented virtually at the annual meeting of the Society for Personality and Social Psychology (SPSP).

**Wetzel, G. M.,** Cultice, R. A., & Sanchez, D. T. (2021, November). *Women's orgasm frequency predicts women's desire and expectation for orgasm: Assessing the "orgasm gap" within dyadic mixed-sex couples*. Oral presentation given at the annual meeting of the Society for the Scientific Study of Sexuality (SSSS).

**Wetzel, G. M.,** Cultice, R. A., & Sanchez, D. T. (2021, February). *Stress, loneliness, and COVID threat severity as predictors of sexual well-being during the COVID-19 pandemic*. Data blitz presented virtually at the Sexuality Pre-Conference for the annual meeting of the Society for Personality and Social Psychology (SPSP).

## POSTER PRESENTATIONS

**Wetzel, G. M.,** Sanchez, D. T., & Cole, S. (anticipated 2023, February). *Goal pursuit and women's orgasm: The role of feasibility cues in shaping women's motivation to pursue orgasm*. Poster to be presented in-person at the annual meeting of the Society for Personality and Social Psychology (SPSP).

**Wetzel, G. M.,** Sanchez, D. T., & Cole, S. (2022, November). *Feasibility cues during a sexual encounter impact the strength of women's orgasm goal pursuit*. Poster presented virtually at the annual meeting of the Society for the Scientific Study of Sexuality (SSSS).

**Wetzel, G. M. & Sanchez, D. T.** (2022, February). *Can the orgasm gap be fixed? The relationship between sexism, sexuality lay beliefs, and attitudes towards the orgasm gap*. Poster presented virtually at the annual meeting of the Society for Personality and Social Psychology (SPSP).

**Wetzel, G. M. & Sanchez, D. T.** (2021, August). *College students' experience with and perceptions of the "orgasm gap" in new and familiar contexts*. Poster presented virtually at the annual meeting of the American Psychological Association (APA).

**Wetzel, G. M.** (2019, March). *I'd like to thank the academy – for racial bias?: Racial bias in the judgment of rap music*. Poster presented at the annual meeting of the Eastern Psychological Association (EPA), New York, NY.

**Wetzel, G. M.** (2018, September). *I'd like to thank the academy – for racial bias?: Racial bias in the judgment of music*. Poster presented at the meeting of the New York Six Liberal Arts Consortium (NY6), Canton, NY.

**Wetzel, G. M. & Collins, E.** (2017, January). *Cattle for conservation: 'Bomas' for improved savannah ecosystems*. Poster presented at the annual meeting of the Society for Integrative & Comparative Biology (SICB), New Orleans, LA.

\* Denotes undergraduate mentee

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## ACADEMIC AWARDS AND HONORS

2022      Research Excellence Award, Social Psychology Area, Rutgers University, \$200  
 Diversity, Equity, & Inclusion Excellence Award, Social Psychology Area, Rutgers University, \$200  
 Service Excellence Award, Social Psychology Area, Rutgers University, \$200  
 Graduate Funding Award, Social Psychology Area, Rutgers University, \$250

2021	Travel Funding Award, School of Graduate Studies, Rutgers University, \$395
2019	Human Sexuality Summer Intensive Financial Aid Award, Kinsey Institute, \$500 Phi Beta Kappa Honor Society Daniel F. Sullivan Leadership Award, St. Lawrence University James H. L. Roach Outstanding Senior Major Award, Psychology Department, St. Lawrence University, \$100
2018	Student Research Funding, Academic Affairs, St. Lawrence University, \$600 Student Research Funding, Psychology Department, St. Lawrence University, \$400 Student Research Stipend, St. Lawrence University Fellowship, \$3,500 Research Funding, St. Lawrence University Fellowship, \$600 Psi Chi Psychology Honor Society
2017	Omicron Delta Kappa Leadership Honor Society
2016	Outstanding First Year Student Award, St. Lawrence University
2015 - 2019	Momentum Scholarship, St. Lawrence University, \$140,000

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### INVITED TALKS & GUEST LECTURES

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**Wetzel, G. M.** (2023, February). *Tool School: Introduction to Qualitative Coding*. Workshop presented virtually at Rutgers University's Social Area Colloquium Series, New Brunswick, NJ.

**Wetzel, G. M.** (2022, April). *Feasibility cues during a sexual encounter impact women's orgasm goal pursuit*. Research talk presented virtually at Rutgers University's Social Area Colloquium Series, New Brunswick, NJ.

**Wetzel, G. M.** (2021, November). *The Orgasm Gap: Scientific Research and Societal Implications*. Guest lecture presented virtually at the University of Connecticut, Stamford, CT.

**Wetzel, G. M.** (2021, October). *Sexual Communication and the Orgasm Gap*. Guest lecture presented virtually at California State University, Fullerton, CA.

**Wetzel, G. M.** (2021, July). *Reproductive Health Paint Night: Discussion on Orgasm Equality*. Virtual event hosted by Planned Parenthood Hudson Peconic, Smithtown, NY.

**Wetzel, G. M.** (2020, March). *Sexual & Orgasm Equity*. Guest lecture presented virtually at St. Lawrence University, Canton, NY.

**Wetzel, G. M.** (2019, April). *Men's implicit objectification of women and its connection to sexual aggression*. Research talk presented at the Festival of Science, Scholarship, & Creativity at St. Lawrence University, Canton, NY.

**Wetzel, G. M.** (2018, April). *Let's Talk about Sex: The Reality of the Sexual Pleasure Disparity*. Talk presented at TEDxStLawrenceU event at St. Lawrence University, Canton, NY.

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### TEACHING EXPERIENCE

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**Course Instructor**, Rutgers University, Psychology Department  
 Summer 2022 *Psychology of Sex and Gender* (Teacher Rating: 5.0/5.0)  
 Summer 2021 *Psychology of Sex and Gender* (Teacher Rating: 5.0/5.0)

**Recitation Instructor**, Rutgers University, Psychology Department  
Fall 2020                      *Quantitative Methods in Psychology*

**Teaching Assistant**, Rutgers University, Psychology Department  
Fall 2020 – Spring 2022    *Social Psychology (3x)*  
   *General Psychology (2x)*  
   *Abnormal Psychology*  
   *Organizational & Personnel Psychology*

**Teaching Assistant**, St. Lawrence University, Psychology Department  
Spring 2019                      *Research Methods in Psychology*  
Fall 2018                         *Social Psychology*  
Fall 2017                         *Research Methods in Psychology*

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### MENTORING EXPERIENCE

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**Honors Thesis Advisor**, Rutgers University, Psychology Department  
2022-23                      Kate Dickman, *Aresty Undergraduate Research Funding*, \$633  
   Harrison Pauwels, *Aresty Undergraduate Research Funding*, \$866

**Independent Research Advisor**, Rutgers University, Psychology Department  
2022                              Kate Dickman, *Cooper Summer Undergraduate Research Fellowship*, \$4,000  
   Harrison Pauwels, *Cooper Summer Undergraduate Research Fellowship*, \$4,000

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### PROFESSIONAL APPOINTMENTS

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August 2021 – January 2023    Lab Manager  
   Close Relationships, Identity, & Stigma Lab  
   Rutgers University

July 2019 – June 2020            Community Sexual Health Educator  
   Education & Training Department  
   Planned Parenthood Hudson Peconic, Inc.

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### DIVERSITY, EQUITY, & INCLUSION

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Fall 2022                         Rutgers Diversifying Psychology Day  
   *Co-Founder and Co-Organizer*

Fall 2021 – present                Social Area Graduate Student Diversity & Climate Committee  
   *Co-Chair*

Fall 2020 – present                Social Area Graduate Student Diversity & Climate Committee  
   *Member*

Spring 2021 – present          Pride Center of New Jersey

*Support Group Facilitator*

Fall 2021 – Fall 2022 Psychology Department Faculty Diversity & Climate Committee  
*Graduate Student Representative*

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**SERVICE**


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Fall 2020 – present *Ad Hoc Reviewer*  
 Social Psychological and Personality Science (SPPS)  
 Psychology of Women Quarterly (PWQ)  
 Journal of Sex & Marital Therapy

Fall 2021 – Spring 2022 *President*  
 Psychology Department Social/Health Area Graduate Student Organization,  
 Rutgers University

Fall 2021 – Spring 2022 *Graduate Student Representative*  
 Social Area, Psychology Department, Rutgers University

Spring 2022 *Graduate Student Liaison*  
 Recruitment Weekend, Psychology Department, Rutgers University

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**MEDIA APPEARANCES**


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Wetzel, G. M., Blue, E., Mislá, J., & Curious Fox (Producer). (2022, November). *Curious Fox: Closing the Orgasm Gap with Grace Wetzel* [Audio Podcast].

<https://open.spotify.com/episode/2buGL4u1acboG98Gh26pio?si=7bf1ea32204c49f0>

Wetzel, G. M., Marley, L., & The News Movement (Producer). (2022, September). *The News Movement: The Orgasm Gap*.

Wetzel, G. M., Suwinyattichaiorn, T., & luvbites.co (Producer). (2021, October). *Luvbites by Dr. Tara: Orgasm with Grace* [Audio Podcast].

<https://open.spotify.com/episode/7lnF7xTXSZlhysHFqa2rkg?si=694dd38dc0214a67>

Wetzel, G. M., LaMagna, L., & Planned Parenthood Hudson Peconic (Producer). (Uploaded 2020, 14 May). *Facebook Live Chat with a Sex Educator: Orgasm Gap* [Facebook Live Video].

<https://www.facebook.com/PlannedParenthoodHudsonPeconic/videos/529144814424686>

Wetzel, G. M. & Gershoni, A. (Producer). (Uploaded 2019, 14 July). *Beyond Consent* [SoundCloud Audio Podcast].

Wetzel, G. M. & TEDxStLawrenceU (Producer). (Uploaded 2018, 2 April). *Let's Talk about Sex: The Reality of the Sexual Pleasure Disparity* [Online Video].

[https://www.ted.com/talks/grace\\_wetzel\\_let\\_s\\_talk\\_about\\_sex\\_the\\_reality\\_of\\_the\\_sexual\\_pleasure\\_disparity?language=en](https://www.ted.com/talks/grace_wetzel_let_s_talk_about_sex_the_reality_of_the_sexual_pleasure_disparity?language=en)

**[Over 7 million views to date]**

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## POPULAR PRESS ARTICLES

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Everyday Health. (2022, June). Women and orgasm: Facts about the female climax. <https://www.everydayhealth.com/sexual-health/the-female-orgasm.aspx>

HealthDay News. (2022, April). Orgasm's key role in women's sexual satisfaction. <https://consumer.healthday.com/b-4-13-a-better-understanding-of-orgasm-s-role-in-women-s-sexual-satisfaction-2657115125.html>

UPI. (2022, April). Study underscores gap in sexual satisfaction for men, women. [https://www.upi.com/Health\\_News/2022/04/13/women-orgasm/3581649856730/](https://www.upi.com/Health_News/2022/04/13/women-orgasm/3581649856730/)

U.S. News & World Report. (2022, April). Orgasm's key role in women's sexual satisfaction. <https://www.usnews.com/news/health-news/articles/2022-04-13/orgasms-key-role-in-womens-sexual-satisfaction>

Body and Soul. (2022, April). Well, this is depressing: New study suggests that the less women orgasm in bed, the less they want to. <https://www.bodyandsoul.com.au/relationships/well-this-is-depressing-new-study-suggests-that-the-less-women-orgasm-in-bed-the-less-they-want-to/news-story/5096d830c1d291beaaa8b85f95067d53>

Daily Mail. (2022, April). What an anti-climax! 'Orgasm gap' between the sexes means women have come to expect less pleasure in bed, study finds. <https://www.dailymail.co.uk/sciencetech/article-10699637/Women-climax-bed-come-expect-pleasure-study-finds.html>

Neuroscience News. (2022, April). Orgasm gap impacts how much women want one. <https://neurosciencenews.com/orgasm-gap-women-psychology-20327/>

Rutgers Today. (2022, April). The orgasm gap continues with women expecting less during intimacy. <https://www.rutgers.edu/news/orgasm-gap-continues-women-expecting-less-during-intimacy>

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## TRAININGS

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### Sexuality Subject Area

2021 Human Sexuality Summer Intensive Program, *Kinsey Institute, Indiana University*  
Pleasure, Desire, & Orgasm Master Class, *Everyone Deserves Sex Ed (EDSE)*

### Statistical/Methodological

2020 Data Science: R Basics, *HarvardX, Harvard University*

### Teaching/Mentorship

2021 Designing Your Own Course: Course, *Teaching Assistant Project (TAP), Rutgers University*  
Introduction to College Teaching: Course, *TAP, Rutgers University*  
Teaching a Summer Course: Workshop, *TAP, Rutgers University*  
Effective Mentoring of Undergrads: Workshop, *School of Graduate Studies, Rutgers University*

2020 Designing Online Tests and Assignments: Workshop, *TAP, Rutgers University*  
Developing a Teaching Portfolio: Workshop, *TAP, Rutgers University*

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## EDITORIALS

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Wetzel, G. M. (2019, 19 April). Feminist Friday: Is Chivalry Dead? *The Hill News*.  
<https://thehillnews.org/lp/grace-wetzel/feminist-friday-chivalry-dead>

Wetzel, G. M. (2019, 5 April). Feminist Friday: Pop Culture Feminism. *The Hill News*.  
<https://thehillnews.org/lp/grace-wetzel/feminist-friday-pop-culture-feminism>

Wetzel, G. M. (2019, 1 March). Feminist Friday: Weaponizing Victimhood. *The Hill News*.  
<https://thehillnews.org/opinions/grace-wetzel/feminist-friday-weaponizing-victimhood>

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## PROFESSIONAL MEMBERSHIPS

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American Psychological Association (APA)  
Society for Personality and Social Psychology (SPSP)  
Society for the Scientific Study of Sexuality (SSSS)  
Society for the Psychological Study of Social Issues (SPSSI)