

## Zoey Eddy

[ze26@scarletmail.rutgers.edu](mailto:ze26@scarletmail.rutgers.edu)

<https://www.linkedin.com/in/zoey-eddy>

### EDUCATION

- Ph.D. (expected) **Ph.D. Social Psychology**, 2021-2026  
Rutgers University, New Brunswick, NJ  
Advisor: Diana T. Sanchez, Ph.D.
- M.S. **M.S. Social Psychology**, 2024  
Rutgers University, New Brunswick, NJ  
*Master's Thesis*: Parents' Lay Beliefs about Interracial Contact and Behaviors Aimed at Raising Antiracist Children  
Advisor: Diana T. Sanchez, Ph.D.
- B.S. **B.S. Honors in Psychological and Brain Sciences**, 2021  
University of California, Santa Barbara (UCSB), Santa Barbara, CA  
Black Studies Minor, Anthropology Minor  
Senior Honors Thesis: The Effect of Minority Spaces on the Well-Being of Multiracial Individuals  
Advisor: Brenda Major, Ph.D.

### RESEARCH SCHOLARSHIPS AND GRANTS

- 2023 National Science Foundation Graduate Research Fellowship (\$147,000)  
Ford Foundation Predoctoral Fellowship (Awarded)
- 2021 Rutgers University Presidential Fellowship (\$75,000)  
Rutgers University SUPER-Grad Fellowship (\$25,000)  
Ford Foundation Predoctoral Fellowship (Honorable Mention)

### HONORS AND AWARDS

- 2024 RU School of Graduate Studies Outstanding Master's Student Merit and Achievement Award
- 2023 RU Social Psychology Diversity, Equity & Inclusion Service Award (\$100)  
E3C Innovation Fund Grant for Rutgers Diversifying Psychology Day (\$1,000)  
RU Social Psychology Service Excellence Award (\$100)  
RU Social Psychology Graduate Funding Award (\$130)
- 2022 RU Social Psychology Diversity, Equity & Inclusion Service Award (\$200)  
RU Social Psychology Graduate Funding Award (\$250)
- 2021 UCSB Academic Excellence Award  
UCSB Psych. Distinguished Graduating Senior Award (\$500)  
UCSB Psych. Distinction in the Major Award  
UCSB Psych. Exceptional Academic Performance Award  
UCSB Undergraduate Research and Creative Activities Grant (\$750)  
SPSP Diversity Undergraduate Registration Award
- 2020 UCSB Psychological and Brain Sciences Honors Program  
UCSB Undergraduate Research and Creative Activities Grant (\$750)  
SPSP Diversity Undergraduate Registration Award
- 2019 UCSB McNair Scholars Program
- 2018 - 2021 UCSB Dean's Honors List
- 2018 UCSB College of Letters and Sciences Honors Program
- 2017 Northern California Scholarship Foundation Scholarship (\$32,000)

**PEER REVIEWED PUBLICATIONS**

- Cipollina, R., **Eddy, Z.**, & Sanchez, D. T. (2024). Contested sexual identities and bi+ identity disclosure experiences. *Journal of Bisexuality*, 24(1), 1-25.  
<https://doi.org/10.1080/15299716.2023.2285065>
- Eddy, Z.**, Small, P. A., Padilla-Garcia, D., & Major, B. (2023). Examining the effects of genetic ancestry information on appraisals of contested racial identities. *Cultural Diversity and Ethnic Minority Psychology*. Advance online publication.  
<https://doi.org/10.1037/cdp0000630>
- Sanchez, D. T., Gaither, S. E., Albuja, A. F., & **Eddy, Z.** (2020). How policies can address multiracial stigma. *Policy Insights from the Behavioral and Brain Sciences*, 7(2), 115-122. <https://doi.org/10.1177/2372732220943906>

**MANUSCRIPTS UNDER REVIEW / IN PREPARATION**

- Eddy, Z.**, & Sanchez, D. T. (*under review*). Multiracial identity contestation and race concepts rumination. *Personality and Social Psychology Bulletin*.
- Eddy, Z.**, Sanchez, D. T., & Gaither, S. E. (*in prep*). White parents' lay beliefs about interracial contact and their diversity exposure efforts.
- Eddy, Z.**, Maimon, M. R., & Sanchez, D. T. (*in prep*). Parents of multiracial children's stigma awareness and racial socialization engagement.

**BOOK CHAPTERS**

- Eddy, Z.**, Sanchez, D. T., & Gaither, S. E. (*in press*). Social stigma and coping for people with pluralistic identities. In C. Stern (Ed.), *Handbook of Experimental Social Psychology*. Edward Elgar Publishing.
- Eddy, Z.**, & Sanchez, D. T. (*in prep*). Best practices and future directions in multiracial research.

**CONFERENCE PRESENTATIONS**

\* denotes undergraduate mentee/presenter

- Eddy, Z.**, & Sanchez, D. T. (2024, March). *Multiracial Identity Contestation and Race Concept Rumination* [Oral Presentation]. Multidisciplinary Multiracial Research Conference, New Brunswick, NJ.
- Eddy, Z.**, & Sanchez, D. T. (2024, March). *Multiracial Identity Contestation and Race Concept Rumination* [Oral Presentation]. Eastern Psychological Association Conference, Philadelphia, PA.
- Eddy, Z.**, & Sanchez, D. T. (2024, February). *Multiracial Microaggressions Predict Multiracial People's Race Rumination and Race Conceptions* [Poster]. Society for Personality and Social Psychology Convention, San Diego, CA.
- Eddy, Z.**, & Sanchez, D. T. (2024, February). *Multiracial Microaggressions Predict Multiracial People's Race Rumination and Race Conceptions* [Poster]. Society for Personality and Social Psychology Convention: Self & Identity Preconference, San Diego, CA.
- Vigdor, M.\*, **Eddy, Z.**, & Sanchez, D. T. (2024, February). *Race Concept Rumination as a Mechanism to Reduce Biological Race Conceptions* [Undergraduate research spotlight]. Society for Personality and Social Psychology Convention, Virtual Attendance.
- Eddy, Z.**, & Sanchez, D. T. (2023, February). *Race Processing Among Multiracial and Monoracial Individuals* [Poster]. Society for Personality and Social Psychology Convention, Atlanta, GA.

- Eddy, Z.,** & Sanchez, D. T. (2023, February). *Race Processing Among Multiracial and Monoracial Individuals* [Poster]. Society for Personality and Social Psychology Convention: Self & Identity Preconference, Atlanta, GA.
- Kim, E.\*, **Eddy, Z.,** & Sanchez, D. T. (2022, April). *The Impact of Reading about Racial Discrimination on Essentialist Beliefs* [Poster]. Rutgers Aresty Undergraduate Research Symposium, New Brunswick, NJ.
- Eddy, Z.,** Small, P., & Major, B. (2022, February). *Exploring the Role of Minority Spaces on Buffering the Distress of Identity Invalidation Among Multiracial Students* [Poster]. Society for Personality and Social Psychology Convention, Virtual Event.
- Trapp, Q.\*, **Eddy, Z.,** & Sanchez, D. T. (2022, February). Analyzing the Effects of the COVID-19 Pandemic on College Students [Poster]. Society for Personality and Social Psychology Convention, Virtual Event.
- Eddy, Z.,** Maimon, M. R., & Sanchez, D. T. (2021, February). *The Effect of Parental Racial Socialization on Multiracial Children's Pride in their Identity* [Poster]. Society for Personality and Social Psychology Convention, Virtual Event.
- Eddy, Z.,** Maimon, M. R., & Sanchez, D. T. (2020, July). *Parental Racial Socialization for Multiracial Children* [Poster]. Research Intensive Summer Experience (RISE) at Rutgers University Virtual Capstone, Virtual Event.
- Eddy, Z.,** Small, P., Padilla-Garcia, D., & Major, B. (2020, February). *The Impact of Genetic Testing on the Racial Categorization of Mismatched Claimed Identities* [Poster]. Society for Personality and Social Psychology Convention, New Orleans, LA.
- Eddy, Z.,** Small, P., Padilla-Garcia, D., & Major, B. (2019, August). The Impact of Genetic Testing on the Racial Categorization of Mismatched Claimed Identities [Oral presentation]. UCSB McNair Symposium, Santa Barbara, CA.
- Eddy, Z.,** Small, P., Padilla-Garcia, D., & Major, B. (2019, August). *The Impact of Genetic Testing on the Racial Categorization of Mismatched Claimed Identities* [Poster]. UCSB Undergraduate Research Colloquium, Santa Barbara, CA.

### **INVITED TALKS**

- Eddy, Z.** (2024, February). *Perspectives on Intersectionality* [Oral presentation]. Town Hall on Opportunities for Allyship in Computational Biology, Virtual Event hosted by The Black Women in Computational Biology Network.
- Eddy, Z.** (2023, March). *Denial Experiences Influence Multiracial People's Processing and Conceptions of Race* [Oral presentation]. Rutgers University's Social Area Colloquium Series, Virtual Event.

### **RESEARCH EXPERIENCE**

- 2021-           Close Relationships, Identity, & Stigma Laboratory, Dr. Diana T. Sanchez, Rutgers University Department of Psychology
- 2019-2021    UCSB Research Assistant, Dr. Brenda Major, Department of Psychological and Brain Sciences
- 2020           UCSB Summer Workshop in Simulating Social Systems, Dr. Daniel Conroy-Beam, Department of Psychological and Brain Sciences
- 2020           Research Intensive Summer Experience (RISE) at Rutgers University, Dr. Diana T. Sanchez, Department of Psychology
- 2019           UCSB McNair Summer Research Program, Dr. Brenda Major, Department of Psychological and Brain Sciences

**DIVERSITY, EQUITY, & INCLUSION EXPERIENCE**

- 2023- present **Rutgers Social Area Graduate Diversity & Inclusion (D&I) Committee, Member**  
Assisting with initiatives of the committee, such as a website for undergraduates about getting involved in Social Psychology research.
- 2022 **Research Intensive Summer Experience (RISE) at Rutgers, Teaching Fellow**  
RISE is a nationally acclaimed summer research program for outstanding undergraduates from underrepresented, disadvantaged, non-traditional and/or first-generation college backgrounds. Created syllabi for 10-week research program. Leading weekly seminar sections and providing feedback on students' research projects.
- 2022 **Rutgers Social and Behavioral Sciences, DEI Fellow Assistant**  
Assisted in the assessment and creation of the first-ever affinity groups for Psychology graduate students, such as the LGBTQ+ Students in Psychology group.
- 2022- present **School of Graduate Studies (SGS) Diversity, Equity, and Inclusion Graduate Student Advisory Committee, Member**  
Assist in guiding the SGS's efforts in cultivating equitable and inclusive experiences for graduate students at Rutgers. Advising on the implementation of the SGS DEI strategic plan.
- 2021- 2024 **Rutgers Diversifying Psychology Day Committee, Co-founder and Organizer**  
Organized the inaugural launch of a program for prospective PhD applicants from underrepresented and minoritized backgrounds to prepare them for graduate school applications and promote our diversity efforts at Rutgers.
- 2021- 2023 **Rutgers Social Area Graduate Diversity & Climate Committee (DCC), Co-chair**  
Created and distributed multiple tips for inclusive teaching practices (ex: creating a diversity statement, creating inclusive syllabi for students with disabilities).
- 2021-2022 **Rutgers Psychology Diversity & Climate Committee (DCC), Graduate Student Representative**  
Provided monthly input about graduate student perspectives on DEI initiatives in the department.
- 2021 **SPSP Social-Personality Undergraduate Research (SPUR) Program, Graduate Mentor**  
Mentored an undergraduate research trainee from an underrepresented background during a 10-month period.
- 2018-2019 **UCSB Associated Students, Student Initiated Recruitment and Retention Committee Outreach Co-chair**  
Mentored high school students from racial minority and low-income backgrounds, with the goal of preparing students to pursue higher education. Organized workshops about college applications, a 3-day college trip, and a one-day College Advising and Mentorship Conference.

**TEACHING EXPERIENCE**

**Course Instructor**, Rutgers University, Psychology Department

Summer 2023 *Psychology of Sex and Gender*

**Teaching Assistant**, Rutgers University, Psychology Department

2022-2023 *Infant & Child Development (2x); General Psychology*

**MENTORING EXPERIENCE****Honors Thesis Advisor**, Rutgers University2023-2024 Madison Vigdor, *Aresty Research Grant Awardee* (\$778)**Independent Research Advisor**, Rutgers University2024 Rachel Mesa, *Cooper Summer Undergraduate Research Fellowship* (\$4,000)Raynold Pandi, *Cooper Summer Undergraduate Research Fellowship* (\$4,000)2023 Madison Vigdor, *Cooper Summer Undergraduate Research Fellowship* (\$4,000)Swetha Jayaraman, *Cooper Summer Undergraduate Research Fellowship* (\$4,000)2021 Eleanor Kim, *Aresty Research Grant Awardee* (\$250)Queen Trapp, *Social-Personality Undergraduate Research Program Participant***PROFESSIONAL TRAINING**2024 **Introduction to Restorative Justice**, Rutgers University2023 **Equity Fundamentals**, Rutgers University2022 **Introduction to College Teaching Seminar**, Rutgers University2022 **Training in Microaggressions: Impact and Intervention**, Rutgers University2022 **Improving Your Classroom Skills Certificate**, Rutgers University**PROFESSIONAL SERVICE**2022-2023 **Graduate Student Representative and Chairperson**, Rutgers Psychology  
Department Social and Health Area Graduate Student Organization2022 **Graduate Student Liaison**, Rutgers Psychology Social Area Recruitment Event2022 **Behavioral Science Poster Judge**, New Jersey Regional Science Fair**PROFESSIONAL MEMBERSHIPS**

2023 International Society for Self and Identity

2023 American Psychological Association of Graduate Students

2020 Phi Beta Kappa Academic Honor Society

2019 Society for Personality and Social Psychology

2019 Psi Chi The International Honor Society in Psychology

**RELEVANT SKILLS**

SPSS, Qualtrics

**REFERENCES****Dr. Diana T. Sanchez**

Rutgers University Professor

**Email:** [disanche@psych.rutgers.edu](mailto:disanche@psych.rutgers.edu)**Dr. Brenda Major**

UCSB Distinguished Professor Emeritus

**Email:** [major@psych.ucsb.edu](mailto:major@psych.ucsb.edu)**Dr. Evelyn Erenrich**

Rutgers School of Graduate Studies Associate Dean for Recruitment and Retention

**Email:** [erenrich@grad.rutgers.edu](mailto:erenrich@grad.rutgers.edu)