

## Zoey Eddy

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<https://www.linkedin.com/in/zoey-eddy>

### **EDUCATION**

- Ph.D. (expected) **Ph.D. Social Psychology**, 2021-2026  
Rutgers University, New Brunswick, NJ  
Advisor: Diana T. Sanchez, Ph.D.
- M.S. **M.S. Social Psychology**, 2024  
Rutgers University, New Brunswick, NJ  
*Master's Thesis*: Parents' Lay Beliefs about Interracial Contact and Behaviors Aimed at Raising Antiracist Children  
Advisor: Diana T. Sanchez, Ph.D.
- B.S. **B.S. Honors in Psychological and Brain Sciences**, 2021  
University of California, Santa Barbara (UCSB), Santa Barbara, CA  
Black Studies Minor, Anthropology Minor  
Senior Honors Thesis: The Effect of Minority Spaces on the Well-Being of Multiracial Individuals  
Advisor: Brenda Major, Ph.D.

### **RESEARCH SCHOLARSHIPS AND GRANTS**

- 2023 National Science Foundation Graduate Research Fellowship (\$147,000)  
Ford Foundation Predoctoral Fellowship (Awarded)
- 2021 Rutgers University Presidential Fellowship (\$75,000)  
Rutgers University SUPER-Grad Fellowship (\$25,000)  
Ford Foundation Predoctoral Fellowship (Honorable Mention)

### **HONORS AND AWARDS**

- 2023 RU Social Psychology Service Excellence Award (\$100)  
RU Social Psychology Graduate Funding Award (\$130)
- 2022 RU Social Psychology Diversity, Equity & Inclusion Service Award (\$200)  
RU Social Psychology Graduate Funding Award (\$250)
- 2021 UCSB Academic Excellence Award  
UCSB Dean's Honors List  
UCSB Psych. Distinguished Graduating Senior Award (\$500)  
UCSB Psych. Distinction in the Major Award  
UCSB Psych. Exceptional Academic Performance Award  
UCSB Undergraduate Research and Creative Activities Grant (\$750)  
SPSP Diversity Undergraduate Registration Award
- 2020 UCSB Dean's Honors List  
UCSB Psychological and Brain Sciences Honors Program  
UCSB Undergraduate Research and Creative Activities Grant (\$750)  
SPSP Diversity Undergraduate Registration Award
- 2019 UCSB Dean's Honors List  
UCSB McNair Scholars Program
- 2018 UCSB Dean's Honors List  
UCSB College of Letters and Sciences Honors Program
- 2017 Northern California Scholarship Foundation Scholarship (\$32,000)

**PEER REVIEWED PUBLICATIONS**

- Cipollina, R., **Eddy, Z.**, & Sanchez, D. T. (in press). Contested sexual identities and bi+ groups' identity disclosure experiences. *Journal of Bisexuality*.
- Eddy, Z.**, Small, P. A., Padilla-Garcia, D., & Major, B. (in press). Examining the effects of genetic ancestry information on appraisals of contested racial identities. *Cultural Diversity and Ethnic Minority Psychology*.
- Sanchez, D. T., Gaither, S. E., Albuja, A. F., & **Eddy, Z.** (2020). How policies can address multiracial stigma. *Policy Insights from the Behavioral and Brain Sciences*, 7(2), 115-122.

**MANUSCRIPTS IN PREPARATION**

- Eddy, Z.**, Maimon, M. R., & Sanchez, D. T. Race-related behaviors and perceptions by parents of multiracial and monoracial children.
- Eddy, Z.**, & Sanchez, D. T. Multiracial microaggressions predict multiracial people's race rumination and race conceptions.

**BOOK CHAPTERS**

- Eddy, Z.**, Sanchez, D. T., & Gaither, S. E. (*Under Review*). Social stigma and coping for people with pluralistic identities.

**CONFERENCE PRESENTATIONS**

\* denotes undergraduate mentee/presenter

- Eddy, Z.**, & Sanchez, D. T. (2024, March). *Multiracial Identity Contestation and Race Concept Rumination* [Oral Presentation]. Eastern Psychological Association Conference, Philadelphia, PA.
- Eddy, Z.**, & Sanchez, D. T. (2024, February). *Multiracial Microaggressions Predict Multiracial People's Race Rumination and Race Conceptions* [Poster]. Society for Personality and Social Psychology Convention, San Diego, CA.
- Eddy, Z.**, & Sanchez, D. T. (2024, February). *Multiracial Microaggressions Predict Multiracial People's Race Rumination and Race Conceptions* [Poster]. Society for Personality and Social Psychology Convention: Self & Identity Preconference, San Diego, CA.
- Vigdor, M.\*, **Eddy, Z.**, & Sanchez, D. T. (2024, February). *Race Concept Rumination as a Mechanism to Reduce Biological Race Conceptions* [Undergraduate research spotlight]. Society for Personality and Social Psychology Convention, Virtual Attendance.
- Eddy, Z.**, & Sanchez, D. T. (2023, February). *Race Processing Among Multiracial and Monoracial Individuals* [Poster]. Society for Personality and Social Psychology Convention, Atlanta, GA.
- Eddy, Z.**, & Sanchez, D. T. (2023, February). *Race Processing Among Multiracial and Monoracial Individuals* [Poster]. Society for Personality and Social Psychology Convention: Self & Identity Preconference, Atlanta, GA.
- Kim, E.\*, **Eddy, Z.**, & Sanchez, D. T. (2022, April). *The Impact of Reading about Racial Discrimination on Essentialist Beliefs* [Poster]. Rutgers Aresty Undergraduate Research Symposium, New Brunswick, NJ.
- Eddy, Z.**, Small, P., & Major, B. (2022, February). *Exploring the Role of Minority Spaces on Buffering the Distress of Identity Invalidation Among Multiracial Students* [Poster]. Society for Personality and Social Psychology Convention, Virtual Event.

- Trapp, Q.\*, **Eddy, Z.**, & Sanchez, D. T. (2022, February). Analyzing the Effects of the COVID-19 Pandemic on College Students [Poster]. Society for Personality and Social Psychology Convention, Virtual Event.
- Eddy, Z.**, Maimon, M. R., & Sanchez, D. T. (2021, February). *The Effect of Parental Racial Socialization on Multiracial Children's Pride in their Identity* [Poster]. Society for Personality and Social Psychology Convention, Virtual Event.
- Eddy, Z.**, Maimon, M. R., & Sanchez, D. T. (2020, July). *Parental Racial Socialization for Multiracial Children* [Poster]. Research Intensive Summer Experience (RISE) at Rutgers University Virtual Capstone, Virtual Event.
- Eddy, Z.**, Small, P., Padilla-Garcia, D., & Major, B. (2020, February). *The Impact of Genetic Testing on the Racial Categorization of Mismatched Claimed Identities* [Poster]. Society for Personality and Social Psychology Convention, New Orleans, LA.
- Eddy, Z.**, Small, P., Padilla-Garcia, D., & Major, B. (2019, August). The Impact of Genetic Testing on the Racial Categorization of Mismatched Claimed Identities [Oral presentation]. UCSB McNair Symposium, Santa Barbara, CA.
- Eddy, Z.**, Small, P., Padilla-Garcia, D., & Major, B. (2019, August). *The Impact of Genetic Testing on the Racial Categorization of Mismatched Claimed Identities* [Poster]. UCSB Undergraduate Research Colloquium, Santa Barbara, CA.

### **INVITED TALKS**

- Eddy, Z.** (2024, February). *Perspectives on Intersectionality* [Oral presentation]. Town Hall on Opportunities for Allyship in Computational Biology, Virtual Event hosted by The Black Women in Computational Biology Network.
- Eddy, Z.** (2023, March). *Denial Experiences Influence Multiracial People's Processing and Conceptions of Race* [Oral presentation]. Rutgers University's Social Area Colloquium Series, Virtual Event.

### **RESEARCH EXPERIENCE**

- 2021- Close Relationships, Identity, & Stigma Laboratory, Dr. Diana T. Sanchez, Rutgers University Department of Psychology
- 2019-2021 UCSB Research Assistant, Dr. Brenda Major, Department of Psychological and Brain Sciences
- 2020 UCSB Summer Workshop in Simulating Social Systems, Dr. Daniel Conroy-Beam, Department of Psychological and Brain Sciences
- 2020 Research Intensive Summer Experience (RISE) at Rutgers University, Dr. Diana T. Sanchez, Department of Psychology
- 2019 UCSB McNair Summer Research Program, Dr. Brenda Major, Department of Psychological and Brain Sciences

### **DIVERSITY, EQUITY, & INCLUSION EXPERIENCE**

- 2023 **Rutgers Social Area Graduate Diversity & Inclusion (D&I) Committee, Member**  
Assisting with initiatives of the committee, such as a website for undergraduates about getting involved in Social Psychology research.
- 2022 **Research Intensive Summer Experience (RISE) at Rutgers, Teaching Fellow**  
RISE is a nationally acclaimed summer research program for outstanding undergraduates from underrepresented, disadvantaged, non-traditional and/or first-generation college backgrounds. Created syllabi for 10-week research

- program. Leading weekly seminar sections and providing feedback on students' research projects.
- 2022 **Rutgers Social and Behavioral Sciences, DEI Fellow Assistant**  
Assisted in the assessment and creation of the first-ever affinity groups for Psychology graduate students, such as the LGBTQ+ Students in Psychology group.
- 2022- present **School of Graduate Studies (SGS) Diversity, Equity, and Inclusion Graduate Student Advisory Committee, Member**  
Assist in guiding the SGS's efforts in cultivating equitable and inclusive experiences for graduate students at Rutgers. Advising on the implementation of the SGS DEI strategic plan.
- 2021- present **Rutgers Diversifying Psychology Day Committee, Co-founder and Organizer**  
Organized the inaugural launch of a program for prospective PhD applicants from underrepresented and minoritized backgrounds to prepare them for graduate school applications and promote our diversity efforts at Rutgers.
- 2021- 2023 **Rutgers Social Area Graduate Diversity & Climate Committee (DCC), Co-chair**  
Created and distributed multiple tips for inclusive teaching practices (ex: creating a diversity statement, creating inclusive syllabi for students with disabilities).
- 2021-2022 **Rutgers Psychology Diversity & Climate Committee (DCC), Graduate Student Representative**  
Provided monthly input about graduate student perspectives on DEI initiatives in the department.
- 2021 **SPSP Social-Personality Undergraduate Research (SPUR) Program, Graduate Mentor**  
Mentored an undergraduate research trainee from an underrepresented background during a 10-month period.
- 2018-2019 **UCSB Associated Students, Student Initiated Recruitment and Retention Committee Outreach Co-chair**  
Mentored high school students from racial minority and low-income backgrounds, with the goal of preparing students to pursue higher education. Organized workshops about college applications, a 3-day college trip, and a one-day College Advising and Mentorship Conference.

### MENTORING EXPERIENCE

**Honors Thesis Advisor**, Rutgers University

2023-2024 Madison Vigdor, *Aresty Research Grant Awardee* (\$778)

**Independent Research Advisor**, Rutgers University

2023 Madison Vigdor, *Cooper Summer Undergraduate Research Fellowship* (\$4,000)

Swetha Jayaraman, *Cooper Summer Undergraduate Research Fellowship* (\$4,000)

2021 Eleanor Kim, *Aresty Research Grant Awardee* (\$250)

Queen Trapp, *Social-Personality Undergraduate Research Program Participant*

### PROFESSIONAL TRAINING

2022 **Introduction to College Teaching Seminar**, Rutgers University

2022 **Training in Microaggressions: Impact and Intervention**, Rutgers University

2022 **Improving Your Classroom Skills Certificate**, Rutgers University

**PROFESSIONAL SERVICE**

- 2022-2023     **Graduate Student Representative and Chairperson**, Rutgers Psychology  
Department Social and Health Area Graduate Student Organization
- 2022           **Graduate Student Liaison**, Rutgers Psychology Social Area Recruitment Event
- 2022           **Behavioral Science Poster Judge**, New Jersey Regional Science Fair

**PROFESSIONAL MEMBERSHIPS**

- 2023           International Society for Self and Identity
- 2023           American Psychological Association of Graduate Students
- 2020           Phi Beta Kappa Academic Honor Society
- 2019           Society for Personality and Social Psychology
- 2019           Psi Chi The International Honor Society in Psychology

**RELEVANT SKILLS**

SPSS, Qualtrics

**REFERENCES**

**Dr. Diana T. Sanchez**

Rutgers University Professor

**Email:** [disanche@psych.rutgers.edu](mailto:disanche@psych.rutgers.edu)

**Dr. Brenda Major**

UCSB Distinguished Professor Emeritus

**Email:** [major@psych.ucsb.edu](mailto:major@psych.ucsb.edu)

**Dr. Evelyn Erenrich**

Rutgers School of Graduate Studies Associate Dean for Recruitment and Retention

**Email:** [erenrich@grad.rutgers.edu](mailto:erenrich@grad.rutgers.edu)